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**Blue Cross Blue Shield Allergy Testing Restrictions**

# ***Effective Immediately***

Did you know that **only 20 units** of Allergen-specific IgE tests are allowed per calendar year per Blue Cross Blue Shield insurance?

Patients will be required to sign an ABN due to frequency guidelines at the time of service. **Testing will NOT be allowed without a signed ABN.** The ABN is on our website at www.thepathlab.com, Client Services, Forms, BCBS Allergy ABN.

**SPECIMENS COLLECTED IN THE PHYSICIAN'S OFFICE**
If the sample is collected in the physician's office, an ABN must accompany the specimen to the lab due to frequency guidelines. If no ABN is received, testing will be suspended until a signed ABN is received.

If more than 20 units are ordered, testing will be suspended, and the client will be contacted to advise which allergens are needed.

**SPECIMENS COLLECTED AT THE PATHOLOGY LABORATORY**
If more than 20 allergens are ordered, and the patient doesn't sign an ABN granting permission for all tests ordered, we will contact the ordering client for guidance.

Additional information from Blue Cross may be found on the following hyperlink or web address below.
G2031 Allergen Testing.pdf (avalonhcs.com) or
https://www.avalonhcs.com/wp-content/uploads/bcbsla/G2031%20Allergen%20Testing.pdf
Examples of Fully and Self Funded cards may be found on our website at *www.thepathlab.com*, *News & Events Tab, Memo BCBS Allergy Lab Benefit Program.*

If you have any questions, please contact Summer Allee at sallee@thepathlab.com or 337-312-1246.

Thank you in advance for your assistance.